



Basic Life Support Flow Chart

D Check for **DANGER** Hazards / Risks / Safety
To self, casualty and others

R Check for **RESPONSE** Unconscious or
Non responsive?

S **SEND** for help Ring **Emergency Triple Zero (000)** ask for ambulance

A Open **AIRWAY** Look for signs of life = conscious
or responsive or breathing normally or moving

B Normal **BREATHING** If unresponsive and not
breathing normally

C Start **CPR** 30 compressions : 2 breaths
if unwilling/unable to perform rescue
breaths continue chest compressions

D Attach **DEFIBRILLATOR** As soon as available
and follow its prompts.

Continue **CPR** until responsiveness or normal
breathing returns, or until ambulance arrives